

Pre operative instructions for General Anesthesia or IV Sedation

- Have absolutely nothing to eat or drink after midnight on the evening prior to admission. Water only may be taken up to 3 hours before surgery.
- Unless otherwise instructed, please take prescribed medication as usual (with water only). You may brush your teeth.
- No alcohol or smoking 24 hours before admission.
- Do not plan to drive your own car, ride on a bus or walk after a general anesthetic or IV sedation. Arrange for someone to pick you up and drive you home or be prepared to go by taxi. We do not insist that your driver remain on site, but he/she should be available within thirty (30) minutes of being called.
- Wear loose fitting clothes, slacks and short sleeves, a minimum of make-up, avoid high heels and coloured nail polish. No large dangling earrings. Remove tongue/lip studs.
- It is a requirement that a consent form be signed for all patients. If you are under 18 years old, please arrive accompanied by a parent(s) or a legal guardian who must sign the consent form on your behalf. If you are completely independent and under the age of 18 years, you may sign the consent form. Completely independent means you are living away from home, and that you are self-supporting.
- Please bring your current Alberta Health Care card with you.
- If you cannot keep your appointment, please notify us immediately. Failure to do so (at least 48 hours in advance) may result in a fee charged to you for the reserved facilities and anesthetic services.
- Please do not wear any cologne or perfume at the time of your surgery.